

Technology Caring for Health • Nanotechnology Beautifying Life

# Health Handbook S-35 Health Handbook



Developed by NanoDoc (Nano Doctor)

Nutrition is Best Suited for the Physical Needs of Asian Body Types



## 35 Years of Pharmaceutical Nanotechnology R&D Achievements

The World's Leading Pharmaceutical  
Nanotechnology Patent Technology

Technology Licensed by

**USA LG Bionano Anti-Ageing Laboratory Centre**



# S-35

Science and Technology Care  
for Health · Nanotechnology  
Beautifying Life



**NanoDoc**  
奈米博士

# Everyone Has Nutritional Gaps..

## Do You Know What Your Body Is Missing?

A patented nanotechnology formula providing comprehensive daily nutrition.

### Common Modern Health Issues



Leg soreness and back pain



Low energy and stamina



Weak immunity



Fine wrinkles, loose and dull skin



Declining eyesight



Irritability

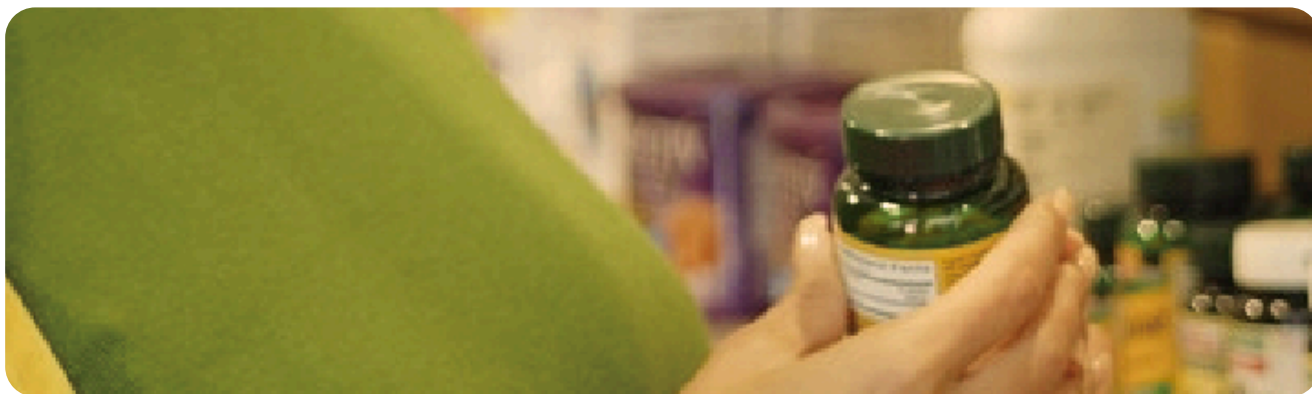
## Lack of Vitamins and Minerals Increases Risk of Illness

Humans Have Only **One Disease** — Diseased Cells

Scientists have discovered that all illnesses originate at the cellular level. When cells malfunction → tissues are affected → systems fail, → disease occurs.

This applies to:

- General illnesses
- Chronic conditions
- Emotional disorders
- Life-threatening diseases such as cancer



## Two Major Causes of Cellular Decline

### 1. Malnutrition

Cells do not receive sufficient raw materials required for repair and replication.

#### What Steals Nutrition from Cells?

- Unbalanced diets (excessive meat, fried foods, fast food, late-night eating, junk food)
- Nutrient loss during food processing (cutting, boiling, frying)
- Reduced nutritional value due to over-processing, grilling, GM foods, and environmental pollution

### 2. Cellular Toxins

- Radiation pollution
- Reduced detoxification capacity
- Accumulation of internal toxins (metabolic waste, stress)



### Are Your Cabinets Full of Supplement Bottles?

Health supplements are not meant for display. Many people buy supplements impulsively, but most are ineffective, waste money, and may even expire.

This happens because:

- Radiation pollution
- Reduced detoxification capacity
- Accumulation of internal toxins (metabolic waste, stress)



## Essential Human Nutrition

### The 7 essential nutrients:

- Protein
- Vitamins
- Minerals
- Dietary fiber
- Water
- Carbohydrates
- Fats

Over 30 essential nutrients, including vitamins, minerals, amino acids, and metabolic acids, are required daily.

Without balanced nutrition, cellular malnutrition leads to sub-healthy conditions, complications, and higher mortality.

## Why Nanotechnology?

Modern environmental damage, pesticide use, chemical fertilisers, and lifestyle changes have created long-term nutritional deficiencies.

### S-35 combines:



World-patented US biotechnology nanotechnology



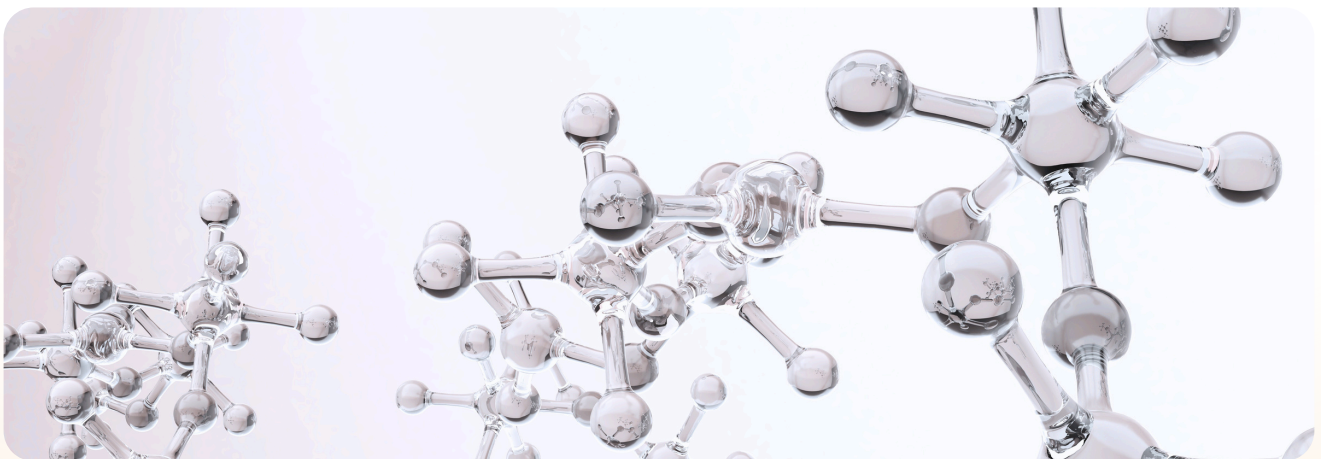
Rapid replenishment of nutritional gaps



35 essential vitamins and minerals



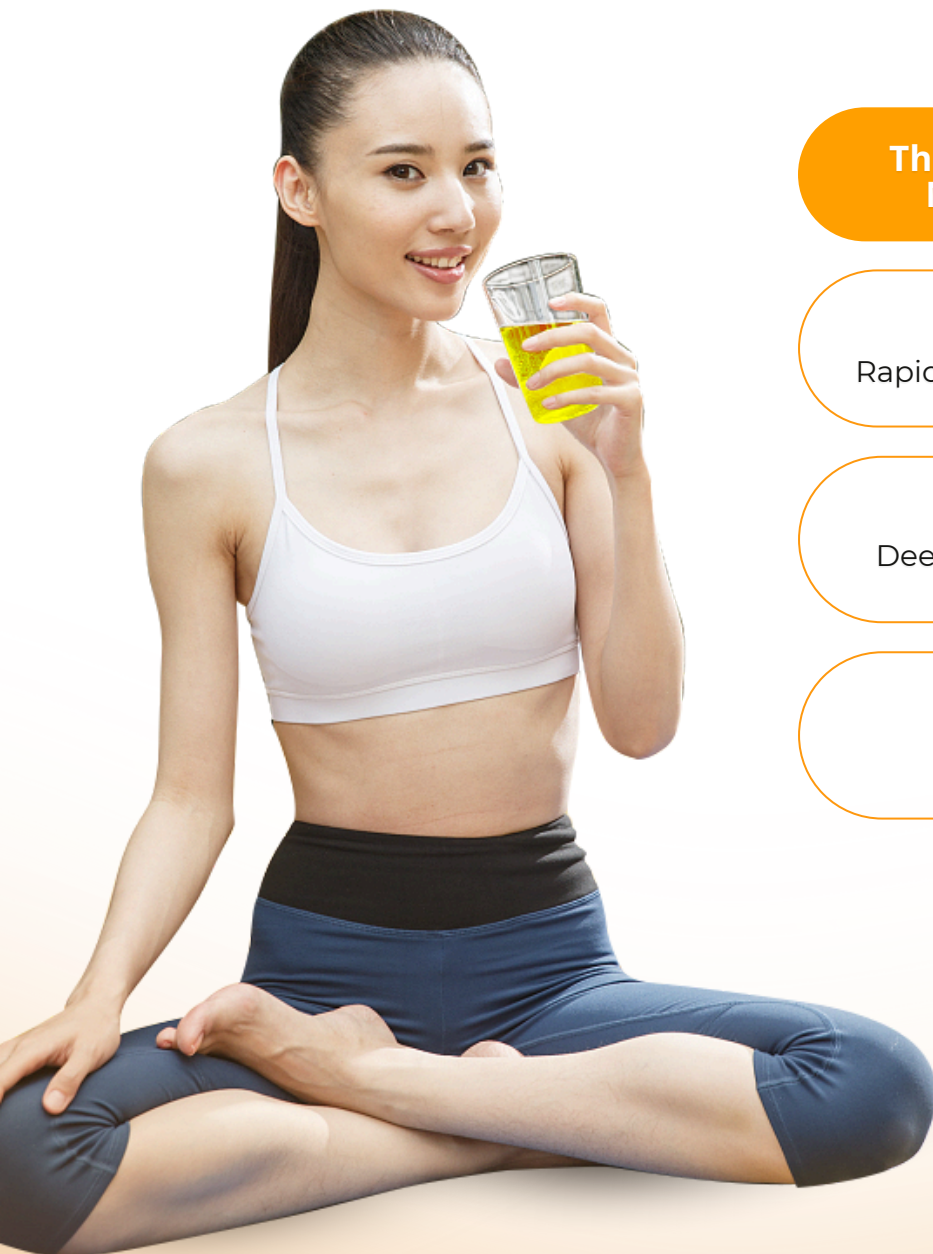
Improved vitality and reduced health risks



# NANO-PATENTED FORMULA

## The Most Comprehensive Cellular Nutrition

Nutrition is best suited for Asian body physiology.



### Three Key Features of the Nano Patent Formula

#### **Fast-acting**

Rapid absorption and penetration

#### **Highly efficient**

Deep and complete absorption

#### **Effective delivery**

Direct cellular nutrition

### Multiple Vitamins

- Precisely calculated vitamins required by the human body
- Nano-biomimetic technology allows direct cellular absorption
- Advanced pharmaceutical nano-patented anti-ageing formulation

Vitamins are essential organic substances required for growth, metabolism, and development. They do not provide energy but regulate metabolic processes.

### Multiple Minerals

Includes macro-elements and trace elements such as:

- Calcium, phosphorus, potassium, sodium, chlorine
- Iron, zinc, copper, manganese, iodine, selenium

Functions:



Form body tissues



Activate enzymes



Maintain fluid balance



Regulate nerve transmission and cellular permeability

### Herbal Extracts

Functions:



Full-spectrum antioxidant activity



Anti-radiation



Anti-aging



Delays cellular ageing

# S-35 PRODUCT FEATURES



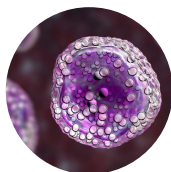
Vitamins, minerals, enzymes,  
and herbal extracts



Advanced medical  
nanotechnology



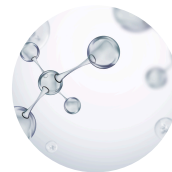
Higher  
bioavailability



Anti-oxidation



Anti-aging



Free-radical  
reduction

**Contains 35 powerful antioxidant nutrients, suitable for:**

- Middle-aged and elderly individuals
- Post-surgery recovery
- Chemotherapy support
- Menopause
- Women's health
- Weight management
- Adults aged 25 and above



## Long-term use helps:



Maintain  
youthful vitality



Improve skin appearance  
and elasticity



Enhance physical  
strength



Improve constitution



Regulate physiology

## Better Absorption = Better Results

### Nano nutrients are:

- Smaller
- More refined
- Easier to dissolve
- Easier to absorb



Traditional  
tablets/capsules



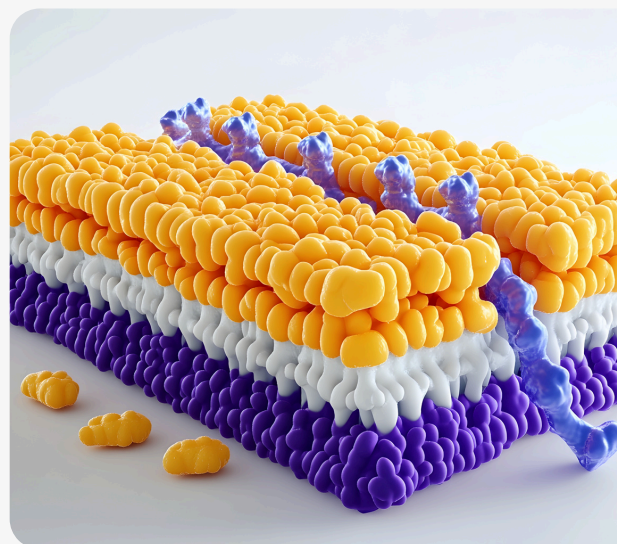
All-in-One  
Instant Powder

vs.



# Precision Medicine: A Revolution in Healthcare

Fast-acting · Strong-acting · Long-lasting



Nanotechnology represents the highest field of medical science.

Absorption determines effectiveness.

## Vehicles Need Maintenance — So Do Humans

Ancient medical wisdom states:

**“Superior doctors prevent illness before it occurs.”**

The human body has powerful self-healing capabilities.

As long as proper nutrients are supplied, the body repairs itself naturally.

Modern people often:  
Maintain cars meticulously & Neglect their own bodies



Eventually leading to:

- Chronic fatigue
- Cardiovascular issues
- Stroke
- Organ failure

Health maintenance is personal responsibility.

*Youth trades health for money;  
old age trades money for health.*

## Disease Is a Cry for Help from Cells

Nutritional therapy works by providing raw materials for cellular repair. Excess nutrients are excreted and do not burden the body.

**When nutritional gaps are filled:**

- Sub-health symptoms disappear
- Energy and vitality return
- Life becomes easier and healthier





## Cellular Nutrition

### 35 Nutrients — One Complete Supplement

Rapid absorption  
and penetration

Energy & stamina

Heart health

Immunity  
regulation

Anti-aging

Digestive health

Stress  
relief



Aluminum foil sachet,  
easy to carry on the go



Nano instant powder,  
easy to dissolve/mix



Nano patented formula  
for better absorption

## The Bucket Effect Theory

Health is determined by the shortest plank, not the longest.  
Even if most organs are healthy, one weak link can cause failure.

True health requires balance in:

- Nutrition
- Rest
- Exercise
- Environment

Missing even one essential nutrient weakens the whole system.



# How to Use S-35 Super Vitality Formula



## Daily maintenance

Morning & evening  
1 sachet each

## Elderly or weak individuals

Morning & evening  
1 sachet each

## Post-surgery chemotherapy

Morning 3 sachets  
Evening 1 sachet

### Best taken:

Morning on an empty stomach | Evening after meals

## Healing Response (Adjustment Reaction)

- Discomfort during recovery is not deterioration but a protective signal.
- Some users may experience reactions due to rapid absorption.

## Four Healing Phases

### Week 1

#### Nutritional Honeymoon Phase

Improved complexion, energy, stamina, skin, and hair.

### Weeks 2-4

#### Detoxification Phase

Improved complexion, energy, stamina, skin, and hair.

### Week 5-6

#### Circulation Activation Phase

Old injuries may ache temporarily.

### Weeks 7-12

#### Cellular Regeneration Phase

Fatigue or drowsiness may occur as cells regenerate.

These are natural and temporary reactions. 90 days is the minimum adjustment period.

## Physical Response Phenomena

### Possible reactions include:

- Skin itching (temporary)
- Blood pressure fluctuation
- Dizziness
- Digestive changes
- Joint soreness
- Blood sugar changes
- Temporary sleep changes

**30 days**

Improved circulation and energy

**60 days**

Improved digestion and reduced symptoms

**Long-term  
use**

Slower ageing, improved vitality (5–10 years younger)





# Frequently Asked Questions

|   |                                                  |                                                                   |
|---|--------------------------------------------------|-------------------------------------------------------------------|
| 1 | <b>Why mild diarrhoea or frequent urination?</b> | Detoxification and acid-base balance adjustment.                  |
| 2 | <b>Why do old symptoms reappear?</b>             | Cellular repair may temporarily reactivate old problem areas.     |
| 3 | <b>Why does weight fluctuate?</b>                | Water retention, release or metabolic adjustment.                 |
| 4 | <b>Why stomach discomfort?</b>                   | Digestive system repair in progress.                              |
| 5 | <b>Why dizziness?</b>                            | Cardiovascular and oxygen regulation adjustment.                  |
| 6 | <b>Why no noticeable reaction?</b>               | Either very healthy or repair occurring in less sensitive organs. |
| 7 | <b>Benefits for hypertension?</b>                | Improves oxygen delivery and cellular activation.                 |
| 8 | <b>Benefits for diabetes?</b>                    | Helps regulate sugar metabolism and inhibits glucose absorption.  |